

Track reports 1996

HOT ROD STORMS TO VET AWARD

In his last 1500 metres race of 1996, Rod Scholes produced his fastest time for three years - an excellent 4 mins 41.2 seconds - to storm through for first veterans' award and third place overall in the senior men's' event in the Blackpool and Fylde track and field open meeting.

He followed it up on Sunday with a personal best 26.9 seconds in the 200 metres at the Wakefield Open. He will now be preparing to challenge for a top-five age-group position in Great Britain next year.