



# BARNLSLEY 10K



Sunday 26<sup>th</sup> November 2017 10.00 am

## Course records :-

**Male – Andy Norman (Altrincham AC) 30:19**

**Female – Liz Yelling (Bedford & County AC) 33:55**

- A potential road pb course starting in Royston Park and finishing at Royston Leisure Centre.
- Accurately measured course with “CHIP” timing.
- Race organised by Barnsley Athletics Club.
- Prize List in all categories
- 1 mile fun run at 9.15a.m.
- T-Shirt to all finishers in the 10k and medal in the fun run
- UKA race licence applied for
- Parking available

|                         |        |  |
|-------------------------|--------|--|
| Entry fee – UKA members | £13.00 | (£18 after 19 <sup>th</sup> November 2017) |
| Unattached Runners      | £15.00 | (£18 after 19 <sup>th</sup> November 2017) |
| Fun Run                 | £2     |  |

One entry per form. Please make cheque payable to `Barnsley Road Races' and send to **Barnsley 10k, 52 Baslow Crescent, Dodworth, Barnsley, South Yorkshire. S75 3SG.**

Closing date for postal entries –19<sup>th</sup> November 2017. Entries on the day £18

Please enclose 9' x 6' (A5) Stamped Addressed Envelope for race number and directions.

**Please enter early race limit 1000.**

**The wearing of headphones is prohibited in this race.**

**We regret refunds cannot be made for runners unable to compete but we would be happy to transfer numbers for an admin fee of £2 up to Weds 22<sup>nd</sup> November 2017.**

|   |  |                 |  |                |
|---|--|-----------------|--|----------------|
| Name :                                  |  | Address :       |  |                |
| SEX M/F :                               |  |                 |  |                |
| Date of Birth :                         |  |                 |  |                |
| Age on Race Day :                       |  |                 |  |                |
| Telephone No. :                         |  | Postcode :      |  |                |
| UKA club (if any) :                     |  | Club Reg. No. : |  |                |
| Please enter me for (Tick one box only) |  | 10K             | Entrants for 10K must be over 15 on race day | 1 mile fun run |
| Please specify T Shirt size :           |  |                 |  |                |

Declaration (to be completed by all entrants)

I declare that I am an amateur according to the UK Athletics rules and that I am medically fit to run.

I accept that the organisers shall not be liable for any injury, illness or loss of property as a result of my taking part in this event.

In the unfortunate cancellation of the event through circumstances beyond the control of the race organisers, I understand and accept the rules and terms of the entry including that there will be no refund of race fees.

Signature \_\_\_\_\_  
(Parent or Guardian of runners under 18)

Date \_\_\_\_\_

On-line entries available via [www.barnsleyac.co.uk](http://www.barnsleyac.co.uk)